

HELPFUL RESOURCES



Construction Junction
www.constructionjunction.org

Grow Pittsburgh
www.growpittsburgh.org

Pennsylvania Resource Council
www.prc.org

Sustainable Pittsburgh
www.sustainablepittsburgh.org

City Recycling Guidelines
www.city.pittsburgh.pa.us



PEOPLES
OAKLAND

SUSTAINING PEOPLE



SUSTAINING THE ENVIRONMENT

Peoples Oakland
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Pittsburgh, PA 15213
(412) 683-7140
www.peoplesoakland.org

THE "GREENING" OF PEOPLES OAKLAND

Peoples Oakland strives to be a premier recovery and wellness center, and is committed to holistic, comprehensive, member driven recovery from mental illness and/or substance abuse. We develop ongoing educational efforts to teach our members and staff the importance of being environmentally conscious and applying it to our everyday lives. Peoples Oakland is making great strides toward becoming a green organization

RECYCLING

We have a recycling program for the entire agency. There are collection bins on every floor, and we recycle glass, metal, plastic, paper, and cardboard. The city provided our agency with blue recycling bins which they empty every other week.

We've recently started educating members about recycling batteries and light bulbs, and how throwing them away with trash poses major threats to the environment and our health.

Peoples Oakland now has a collection bin for single-use batteries and bulbs, and also recycles damaged appliances and electronics which are all taken to a recycling center off-site.

NUTRITION

It is our goal is to establish awareness about simple and nutritious foods and healthy recipes for our Cooking Class. We take regular recipes and tailor them to be made healthful and wholesome. Our meals are prepared with fresh produce, lean meats and soy alternatives, whole grains, and low-fat dairy products.

ENERGY

We have recently installed a newer energy efficient HVAC system in our building. Computers and office equipment are powered down every evening before we close to save energy.

SUSTAINABLE FOODS

We believe in sustainable agriculture and support local farms by purchasing fresh produce from Isidore Foods year round and the Oakland Farmer's Market in the summertime.

We have worked with Grow Pittsburgh, an organization that teaches sustainable urban agriculture. This partnership made it possible for us to grow our own vegetable and herb garden on our outside deck. The produce is used in our educational cooking class.

COMPOSTING

Peoples Oakland is taking on an initiative to make our organic waste useful and environmentally beneficial by composting. This will supplement the landscaping on our grounds and our seasonal deck garden by enriching the soil with compost.

IT'S EASY BEING GREEN

We believe that if people understand the importance of becoming green and realize how easy it can be, then they are more likely to follow through in their lives and help others learn how to be green too.